

SATURDAY, MARCH 26, 2011

Session 1: Levels 8-10

Open Stretch	9:00 AM
1st Warm-up	9:20 AM
Introductions	9:36 AM
Competition	9:46 AM
Awards	12:20 PM

Session 3: Level 5 Born on or AFTER 12/13/99

Open Stretch	5:15 PM
1st Warm-up	5:35 PM
Introductions	5:45 PM
Competition	5:55 PM
Awards	8:35 PM

Session 2: Level 5 Born on or BEFORE 12/12/99 & ALL LEVEL 6

Open Stretch	1:00 PM
1st Warm-up	1:20 PM
Introductions	1:32 PM
Competition	1:42 PM
Awards	4:35 PM



SUNDAY, MARCH 27, 2011

Session 4: Level 7

Open Stretch	9:00 AM
1st Warm-up	9:20 AM
Introductions	9:32 AM
Competition	9:42 AM
Awards	12:05 PM

Session 5: All Preps

Open Stretch	12:45 PM
1st Warm-up	1:05 PM
Introductions	1:15 PM
Competition	1:25 PM
Awards	4:10 PM

Louisiana ★
Championships ★
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